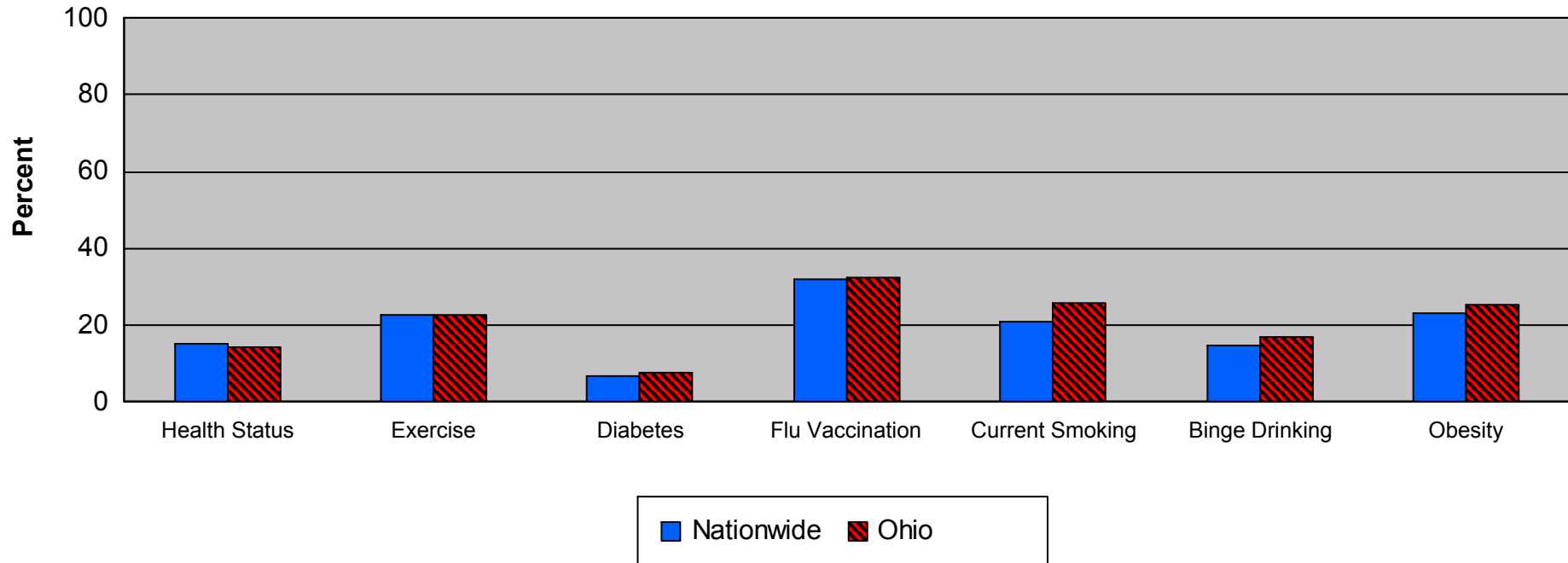


SMART BRFSS

(Selected Metropolitan/Micropolitan Area* Risk Trends from the Behavioral Risk Factor Surveillance System)

Ohio

Percentage of US and Ohio Adults Reporting Selected Health Risks, BRFSS 2004



Survey Definitions

Health Status - Percentage of adults reporting general health as fair or poor

Exercise - Percentage of adults reporting doing no leisure time exercise or physical activity in the past 30 days

Diabetes - Percentage of adults told by doctor they have diabetes

Flu Vaccination - Percentage of adults aged 65 or older reporting not having had a flu shot within the past 12 months

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Binge Drinking - Percentage of adults reporting having five or more drinks on an occasion, one or more times in the past month

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

SMART BRFSS

(Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

Ohio Areas

Percentage of Adults Reporting Selected Health Risks - Selected Ohio Areas, BRFSS 2004.

	Nationwide Median % *	Ohio % (±95% CI)†	Akron, OH Metropolitan Statistical Area % (±95% CI)	Cincinnati - Middletown, OH - KY - IN Metropolitan Statistical Area % (±95% CI)	Cleveland - Elyria - Mentor, OH Metropolitan Statistical Area % (±95% CI)	Columbus, OH Metropolitan Statistical Area % (±95% CI)	Dayton, OH Metropolitan Statistical Area % (±95% CI)	Huntington - Ashland, WV - KY - OH Metropolitan Statistical Area % (±95% CI)
Health Status	15.1	14.5 (±1.6)	10.8 (±3.6)	12.6 (±3.0)	12.3 (±3.0)	13.2 (±4.6)	15.8 (±4.4)	24.6 (±4.9)
Exercise	22.8	22.9 (±1.9)	20.0 (±4.6)	23.2 (±4.2)	19.0 (±4.2)	21.0 (±5.3)	23.1 (±5.1)	25.8 (±4.8)
Diabetes	7.0	7.8 (±1.2)	8.6 (±4.2)	8.1 (±2.8)	9.1 (±3.4)	5.5 (±3.0)	9.2 (±3.0)	9.2 (±2.6)
Flu Vaccination	32.1	32.4 (±4.5)	NA	NA	33.6 (±9.9)	NA	28.1 (±8.7)	NA
Current Smoking	20.8	25.8 (±2.2)	25.1 (±5.9)	24.2 (±4.9)	24.8 (±5.1)	26.2 (±6.3)	22.3 (±4.9)	28.0 (±5.3)
Binge Drinking	14.9	16.9 (±2.0)	15.5 (±5.1)	17.6 (±4.8)	15.0 (±3.8)	18.7 (±6.1)	12.1 (±4.0)	8.0 (±3.6)
Obesity	23.1	25.2 (±2.1)	23.7 (±6.1)	26.8 (±5.1)	25.6 (±4.9)	24.3 (±6.1)	23.6 (±5.3)	32.5 (±6.1)

* Median percentage of 50 states, District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands.

NA = Prevalence estimate not available if the unweighted sample size for the denominator was < 50 or the CI half width > 10.

† CI Confidence Interval.

Toledo, OH Metropolitan Statistical Area % ($\pm 95\%$ CI)	Youngstown - Warren - Boardman, OH - PA Metropolitan Statistical Area % ($\pm 95\%$ CI)
13.6 (± 4.2)	17.1 (± 6.1)
20.8 (± 5.3)	22.7 (± 5.7)
8.5 (± 4.2)	7.6 (± 3.4)
NA	NA
23.0 (± 5.3)	24.0 (± 7.3)
12.8 (± 4.0)	14.5 (± 6.7)
23.6 (± 6.3)	26.0 (± 7.1)

Counties included in Area Estimates

Akron, OH Metropolitan Statistical Area

Portage County, OH; Summit County, OH

**Cincinnati-Middletown, OH-KY-IN Metropolitan
Statistical Area**

Boone County, KY; Bracken County, KY; Brown County, OH; Butler County, OH; Campbell County, KY; Clermont
County, OH; Dearborn County, IN; Franklin County, IN; Gallatin County, KY; Grant County, KY; Hamilton County,
OH; Kenton County, KY; Ohio County, IN; Pendleton County, KY; Warren County, OH

**Cleveland-Elyria-Mentor, OH Metropolitan
Statistical Area**

Cuyahoga County, OH; Geauga County, OH; Lake County, OH; Lorain County, OH; Medina County, OH

Columbus, OH Metropolitan Statistical Area

Delaware County, OH; Fairfield County, OH; Franklin County, OH; Licking County, OH; Madison County, OH;
Morrow County, OH; Pickaway County, OH; Union County, OH

Dayton, OH Metropolitan Statistical Area

Greene County, OH; Miami County, OH; Montgomery County, OH; Preble County, OH

**Huntington-Ashland, WV-KY-OH Metropolitan
Statistical Area**

Boyd County, KY; Cabell County, WV; Greenup County, KY; Lawrence County, OH; Wayne County, WV

Toledo, OH Metropolitan Statistical Area

Fulton County, OH; Lucas County, OH; Ottawa County, OH; Wood County, OH

**Youngstown-Warren-Boardman, OH-PA
Metropolitan Statistical Area**

Mahoning County, OH; Mercer County, PA; Trumbull County, OH

For more information, please contact the Ohio BRFSS state coordinator Patricia (Pullen) Coss at 614-728-9180 or go to www.cdc.gov/brfss