

**A HEALTHY HOME
CAN PROMOTE
WELLNESS AND
PREVENT DISEASE
AND INJURIES**



Mission:

To insure residents of Licking County are provided with the necessary information and guidance in order for them to live in a safe and healthy home.



Participating Agencies:

Licking County
Health Department

Licking County Aging Program

Licking County
Building Code Department

Mental Health America of
Licking County

Licking County
Planning Commission

LEADS-Licking County

Licking Memorial Health Systems

City of Newark

Pathways of Central Ohio

**LICKING COUNTY
HEALTHY HOMES COALITION**

WWW.LICKINGCOHEALTH.ORG

Information contained in this pamphlet
provided by the Ohio Department of Health

**LICKING COUNTY
HEALTHY HOMES
COALITION**

*HEALTHY HOMES
RESULT IN
HEALTHY RESIDENTS*



Why take a Healthy Homes Approach?

Most people spend 90% of their time inside.

Children with asthma have doubled in the past decade.



Radon levels in Licking County are the highest in the state of Ohio.

Home accidents kill 1 person every 16 minutes & injure 1 person every 4 seconds in the US.

Children and non-smokers living in a home with a person who smokes are exposed to over 50 cancer causing chemicals.

Every day almost 2,500 teens abuse prescription drugs for the first time.

Children living in homes constructed before 1978 are at risk of being exposed to dangerous levels of lead due to peeling and chipping paint.

Renters needing help with repairs should call 2-1-1 or 345-HELP (4357)

7 Key Elements to a Healthy Home

Element 1: Keep it Dry -Prevent water infiltration through roof, foundation, or interior plumbing; this prevents mold, its associated health effects, and structural damage.

Element 2: Keep it Clean -Control sources of dust, remove clutter, clean regularly, have easily cleanable surfaces.

Element 3: Keep it Safe -Label and keep poisons away from children, install smoke and carbon monoxide detectors, secure rugs and other trip hazards, keep all prescription drugs in a locked cabinet.

Element 4: Keep it well ventilated -Use exhaust fans to remove moisture, don't smoke inside, introduce fresh air.

Element 5: Keep it Pest Free -Choose the least toxic pesticides available and use only when needed.

Element 6: Keep it Contaminate Free - Reduce lead-related hazards in pre-1978 homes and test for radon.

Element 7: Keep it Well Maintained - Inspect homes on a routine basis & take action to correct minor repairs before they become large repairs with high costs.

For more information on these elements visit:
www.lickingcohealth.org

Coalition Goals

Develop a diverse group of professionals interested in advancing healthy homes issues which meets on a quarterly basis.

Quarterly meeting will include presentations of healthy homes topics.

Quarterly meetings will lead to the development of educational materials which will be distributed by member agencies.



Healthy Homes Inspections

Conducting a simple inspection of your home on your own is an easy way to identify potential hazards.

More often than not the hazards identified can be easily corrected for little to no cost.